

IMPORTANT Sports Medicine Reminders:

- 1) ACT 1214 Requirements -Every three years, all coaches and volunteers must have training in Heat Illness, Concussion, and Communicable Disease (Sudden Cardiac, 18-19 school year). Options for training:
 - a. AHSCA Summer Coaches Clinic.
 - b. Professional Development conducted by an approved ADE provider.
 - c. Professional Development conducted by your school.
 - d. On-line Professional Development.

- 2) Every school must have Emergency Action Plans for every athletic venue. For help in creating and updating EAP's, refer to the "Sample Athletic Healthcare Plan Guide"
<http://www.ahsaa.org/public/docs/Sample%20Athletic%20Healthcare%20Plan%20Guide.pdf>

- 3) Any one Can Save a Live
<http://www.anyonecansavealife.org/>

- 4) Every football team must have a pre-season parent meeting concerning Heat Illness. For information and help conducting this meeting refer to the following three links:
 - a. Parent Meeting Presentation:
http://members.ahsaa.org/public/userfiles/SMAC/Hydration/SMAC_Parent_MeetingsAAA_2015Update.pdf

 - b. Parent Meeting Handout:
http://members.ahsaa.org/public/userfiles/SMAC/Hydration/Hydration_and_Heat_Illness_-_Parent_document_-_revised_June_2016_4.pdf

 - c. Ordering "Beat the Heat" Pamphlets:
http://members.ahsaa.org/public/userfiles/SMAC/Hydration/Beat_the_Heat_Pamphlets_from_the_Kendrick_Fincher_Hydration_Foundation.pdf

- 5) AAA Recommended Physical Forms; History, Physical Exams Form, Clear, and Athletic with Special Needs.
<http://www.ahsaa.org/news/734>