

IMPORTANT Sports Medicine Reminders:

- 1) ACT 1214 Requirements - Every three years, all coaches and volunteers must have training in Heat Illness, Concussion, and Communicable Disease. Options for training:
  - a. AHSCA Summer Coaches Clinic.
  - b. Professional Development conducted by an approved ADE provider.
  - c. Professional Development conducted by your school.
  - d. On-line Professional Development, such as:
    1. NFHS Learn <https://nfhslearn.com/> (Heat and Concussion)
    2. ArkansasIDEAS <http://ideas.aetn.org/> (Heat, Concussion, and Communicable Disease)
    3. Arkansas Department of Health <https://www.youtube.com/watch?v=X1-g3dVVvaM> (Heat)
  
- 2) Every school must have Emergency Action Plans for every athletic venue. For help in creating and updating EAP's, refer to the "Sample Athletic Healthcare Plan Guide"  
<http://www.ahsaa.org/public/docs/Sample%20Athletic%20Healthcare%20Plan%20Guide.pdf>
  
- 3) Every football team must have a pre-season parent meeting concerning Heat Illness. For information and help conducting this meeting refer to the following three links:
  - a. Parent Meeting Presentation:  
[http://members.ahsaa.org/public/userfiles/SMAC\\_ParentMeetingPresentation\\_2012.pdf](http://members.ahsaa.org/public/userfiles/SMAC_ParentMeetingPresentation_2012.pdf)
  
  - b. Parent Meeting Handout:  
[http://members.ahsaa.org/public/userfiles/SMAC\\_HydrationCampaignPrintedInfo\\_2012.pdf](http://members.ahsaa.org/public/userfiles/SMAC_HydrationCampaignPrintedInfo_2012.pdf)
  
  - c. Ordering "Beat the Heat" Pamphlets:  
[http://members.ahsaa.org/public/userfiles/SMAC\\_BeatTheHeatPamphlets\\_2012.pdf](http://members.ahsaa.org/public/userfiles/SMAC_BeatTheHeatPamphlets_2012.pdf)
  
- 4) AAA Recommended Physical Forms; History, Physical Exams Form, Clear, and Athletic with Special Needs. <http://www.ahsaa.org/news/734>