Exemplary Athletic Programs

AHSAAA New AD Orientation

August 6, 2020

- Philosophies and Policies are Educationally Compatible - Doug
  - Guided by a Philosophy that defines educationally sound, extracurricular activities
  - Guided by a Philosophy consistent with governing bodies, i.e. NFHS, state associations, conferences, etc.

- Educational Compatibility
  - Philosophy Statements addressing
    - Hiring policies
    - Assessment programs
    - Professional Development
    - Coaches’ Handbook & Code of Conduct
    - Student Athlete/Parent Handbook
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- Measures of Educational Compatibility - Doug
  - 95% of US sport sponsored by schools
  - Society expects coaches to be as well trained as certified personnel
  - Litigation is increasing due to incompetence
  - Boards & Administration are being held equally accountable

- Additional Expectations often overlooked
  - Philosophy of Sport
  - Teaching Progressions & Matching Athletes
  - Appropriate drills and teaching methods
  - Prevention and Inspection
  - Legal Obligations
  - Time Management

- continued

- Additional Expectations often overlooked
  - Motivation Techniques
  - Application of Physiological Principles
  - Sports Medicine Techniques
  - Nutritional Concepts
  - Limitation of Advice Giving
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3 Frequent Reasons for Litigation
- Sport Injury Response
  - Coaches not trained/certified
- Injury Prevention
  - Improper conditioning, progression, supervision
- Failure to Plan for Emergencies
  - Site Emergency Response Plan
- Failure to use accepted responses
  - ARC; exceeding scope of training

3 Mentoring - Johnny
- System to enhance the professional effectiveness
- A Trust relationship developed to enhance skills and abilities

3 Need for Mentoring
- No educational activity has such intense public scrutiny
  - Public Exposure
  - Public Explanations
  - Public Criticism

4 Safety and Risk Management - Doug
- Proactive Risk Reduction Activities
- Addressing legal issues
- Addressing potential negligence issues
- Implementing Standards of Care
- Orientation to 14 Legal Duties
- Professional Development addressing Best Practices
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5 Program Access and Equity - Steve
- Communication with athletes & parents
  - Playing time not negotiable however,
  - Discussions about PT are critical
  - Discuss on YOUR terms or you will discuss on THEIRS
- Communication with athletes regarding
  - Team Membership
  - Effective competitive ability
  - Achievements for success
- Title IX; ADA; Employment; HIPAA; FERPA;
- Hazing; Harassment; Physical Plant

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6 Budget and Fundraising - Johnny
- Standard is 1-3% of total operating budget
- Strategic Planning based on need
- Equitable Supplemental Programs, i.e., Booster Clubs
- Corporation and Foundation Sources

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7 Personnel & Program Assessment – Doug
- Sanctioned by board & administration
- Used for advocacy & improvement
- Implemented regularly
- Involve staff in design
- Limited to factors over which coaches have control
- Involve staff in improvement of programs
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8 Technology & Applications - Dustin
- Recognize impact on time management and efficiency
- Assigned by need and application
- Effective software for communications, budget management, calendars, presentations
- Dedicated phone, radios, PDAs
- Acquire/Provide appropriate training

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9 Sports Medicine - Norman
- Guidance by philosophy and plan
- Acquire ATC
- Coaches are current in ARC or sport first aid where provider is missing
- Need based access to activity and gender
- Appropriate facilities and equipment
- Documents: Permission; Physical; History; Emergency Contacts; Permission to Treat; Insurance
- 911 and EAP

2020 AHSAAA New AD Orientation

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