

**Exemplary Athletic Programs**




**AHSAAA New AD Orientation**

August 6, 2020

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**Exemplary Athletic Programs**

**1 - Philosophies and Policies are Educationally Compatible - Doug**

- Guided by a Philosophy that defines educationally sound, extracurricular activities
- Guided by a Philosophy consistent with governing bodies, i.e. NFHS, state associations, conferences, etc.

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**Exemplary Athletic Programs**

**♦ Educational Compatibility**

- Philosophy Statements addressing
  - Hiring policies
  - Assessment programs
  - Professional Development
  - Coaches' Handbook & Code of Conduct
  - Student Athlete/Parent Handbook

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## Exemplary Athletic Programs

### 2 – Measures of Educational Compatibility - Doug

- 95% of US sport sponsored by schools
- Society expects coaches to be as well trained as certified personnel
- Litigation is increasing due to incompetence
- Boards & Administration are being held equally accountable

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## Exemplary Athletic Programs

### ◆ Additional Expectations often overlooked

- Philosophy of Sport
- Teaching Progressions & Matching Athletes
- Appropriate drills and teaching methods
- Prevention and Inspection
- Legal Obligations
- Time Management

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## Exemplary Athletic Programs

### ◆ Additional Expectations often overlooked

- Motivation Techniques
- Application of Physiological Principles
- Sports Medicine Techniques
- Nutritional Concepts
- Limitation of Advice Giving

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## Exemplary Athletic Programs

- ◆ **Frequent Reasons for Litigation**
  - Sport Injury Response
    - Coaches not trained/certified
  - Injury Prevention
    - Improper conditioning, progression, supervision
  - Failure to Plan for Emergencies
    - Site Emergency Response Plan
  - Failure to use accepted responses
    - ARC; exceeding scope of training

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## Exemplary Athletic Programs

- 3 **Mentoring - Johnny**
  - System to enhance the professional effectiveness
  - A Trust relationship developed to enhance skills and abilities
- ◆ **Need for Mentoring**
  - No educational activity has such intense public scrutiny
    - Public Exposure
    - Public Explanations
    - Public Criticism

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## Exemplary Athletic Programs

- 4 **Safety and Risk Management - Doug**
  - Proactive Risk Reduction Activities
  - Addressing legal issues
  - Addressing potential negligence issues
  - Implementing Standards of Care
  - Orientation to 14 Legal Duties
  - Professional Development addressing Best Practices

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## Exemplary Athletic Programs

### 5 Program Access and Equity - Steve

- Communication with athletes & parents
  - Playing time not negotiable however,
  - Discussions about PT are critical
  - Discuss on YOUR terms or you will discuss on THEIRS
- Communication with athletes regarding
  - Team Membership
  - Effective competitive ability
  - Achievements for success
- Title IX; ADA; Employment; HIPAA; FERPA;
- Hazing; Harassment; Physical Plant

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## Exemplary Athletic Programs

### 6 Budget and Fundraising - Johnny

- Standard is 1-3% of total operating budget
- Strategic Planning based on need
- Equitable Supplemental Programs, i.e., Booster Clubs
- Corporation and Foundation Sources

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## Exemplary Athletic Programs

### 7 Personnel & Program Assessment – Doug

- Sanctioned by board & administration
- Used for advocacy & improvement
- Implemented regularly
- Involve staff in design
- Limited to factors over which coaches have control
- Involve staff in improvement of programs

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### Exemplary Athletic Programs

#### 8 Technology & Applications - Dustin

- Recognize impact on time management and efficiency
- Assigned by need and application
- Effective software for communications, budget management, calendars, presentations
- Dedicated phone, radios, PDAs
- Acquire/Provide appropriate training

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### Exemplary Athletic Programs

#### 9 Sports Medicine - Norman

- Guidance by philosophy and plan
- Acquire ATC
- Coaches are current in ARC or sport first aid where provider is missing
- Need based access to activity and gender
- Appropriate facilities and equipment
- Documents: Permission; Physical; History; Emergency Contacts; Permission to Treat; Insurance
- 911 and EAP

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### 2020 AHSAAA New AD Orientation

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